



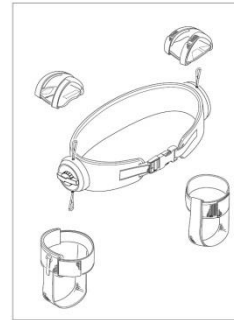
PRODUCT DATA SHEET

92001500/01/11/21



XBT SET

- Belt
- Two padded hand straps (left / right)
- Two padded foot straps (left / right)
- Two cables (left / right)
- Operating instructions (multilingual)
- Exercise poster



MATERIAL

Material (rope):	Nylon; extra abrasion resistant
Material (components):	stainless
Material (belt/textile):	PU-Material; 100% skin-friendly; water and dirt repellent

WARRANTY

Function:	24 month
Error-free material:	24 month

WIDERSTAND

Resistance (in general):	Spring-Technologies (Made in Germany)
Widerstand (Beine):	5 kg constant
Widerstand (Arme):	individually adjustable 1-2 kg

CABLE TRAVEL

Arms: 130 cm

Legs: 130 cm

BELT – SIZE

Belt XS: 60 cm / 65 cm with buckle

Belt S-M: 70 cm / 75 cm with buckle

Belt L-XL: 86 cm / 91 cm with buckle

WEIGHT

Own weight XBT: 2,4 kg

PRODUCT OVERVIEW

Artikel-Nr.	EAN	Beschreibung
9200150001	4260293850300	XBT belt (XS)
9200150011	4260293850157	XBT belt (S-M)
9200150021	4260293850140	XBT belt (L-XL)

GENERAL

description & application

XBT® is a mobile exercise belt with two side-mounted cable pulleys. The core element of the XBT consists of high-performance steel springs, which guarantee an intensive full-body workout. Hands and feet are connected with arms and legs by loops – this allows a free training without any restrictions.

Due to the adjustment mechanism, the spring resistance can be adjusted individually for your upper body. This allows perfect training conditions for rehabilitation patients up to competitive athletes.

XBT® sets new standards in the field of functional training. It allows almost all three-dimensional movements which make XBT® suitable for many different areas: functional training, fighting sports, group fitness, rehabilitation / physiotherapy and many more.

By Training with XBT® you are especially improving your own body perception. Stabilization, strengthening and coordination exercises against the spring resistance are promising intensive workout sessions. The exercise belt adapts flexibly to the needs of the user, helping to achieve the individual personal goals. The handy fitness tool allows exercises anytime and anywhere, for your own, in a team, indoor or outdoor.

Further information: www.xbt-fitness.com Videos: www.youtube.com/xbtfitness

Social: Facebook & Instagram: @xbtfitness